# **Sheltered Schemes' Activities Calendar**



# Lichfield Road, Lichfield Road Community Hall, 173 Lichfield Road, CB1 3SJ

Bingo - every Tuesday, 2-3pm - FREE

Social Club - every Wednesday, 12-2pm - £2

## Ditchburn Place, Mill Road, CB1 2AJ

Film Club - Last Monday of the month - 50p

Coffee Morning - Tuesdays and Thursdays, 10.30-11.30am - £1

Strength and Balance - every Wednesday in term time, 10.30-11.30 - £3

Craft Club - second Thursday of the month, 2-4pm, £2

#### **Ditton Court, Ditton lane, CB5 8UD**

Bingo - every Monday, 2pm - £2

Coffee Morning – Wednesdays, 10am

Strength and Balance - Fridays, 11am-12 noon - £3

#### Rawlyn Court, Rawlyn Close, CB5 8NR

Coffee Afternoon - Tuesday, 1-2pm - 50p

Craft Afternoon - last Thursday of the month, 2-4 pm - £2.50

# School Court, Thoday Street, CB1 3DN

Coffee Afternoon - every Thursday, 2pm - 50p

# Brandon Court, Prospect Row, CB1 3BN

Informal Crafts - every Monday, 11am - £1

Wellbeing Activities (seated yoga/meditation) - every Tuesday, 2pm - £1

Film Night - 3rd Thursday of the month, 6pm - £1

Coffee Morning - every Friday, 10am - £1

## Talbot House, Fisher's Lane, Cherry Hinton, CB1 9JQ

Strength and Balance - every Tuesday, 2pm - £3

Coffee Afternoon - every Friday, 2pm - 80p

#### Mansel Court, Mansel Way, CB4 2EU

Coffee morning, Mondays, 10am-12 - 50p

Strength and Balance, Tuesdays, 3.45-4.45pm - £3

Bingo, first Friday of the month, 2pm - £5

