

Trumpington Pavilion: Programme of Events | May 2025

Classes are weekly unless otherwise stated. The Pavilion is closed on Bank Holidays. Correct at time of printing.

Please contact class providers for more information.

Mondays		
Forever Active Pilates	11:40am – 12:40pm 12:45pm – 1:45pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk Phone: 07432480105
Grey Heron Internal Arts T'ai Chi	2:30pm – 3:30pm	Visit: www.grey-heron.com Email: ghiacambridge@gmail.com
Paste & Art Ateliers – Kid's Baking Class	26 th May 2:30pm-4:30pm	Email: contact@pasteandartateliers.co.uk
Forever Active Strength and Balance Class	3:45pm – 4:50pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk Phone: 07432480105
Trumpington Stitchers	7pm – 9pm	Visit: www.trumpingtonstitchers.net
Tuesdays		
Women's Health and Wellbeing Session	20 th May 12pm – 2pm	All women welcome! No booking necessary. Email: Luthfa.Khatun@cambridge.gov.uk Phone: 07873220427
Paste & Art Ateliers – Kid's Baking Class	27 th May 2:30pm-4:30pm	Email: contact@pasteandartateliers.co.uk
Vedanta Wellness Yoga	7pm – 8:15pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Wednesdays		
VIP's-Very Important Persons: Simply chat, tea and cake	14 th May 10:30am – 12:30pm	All welcome! No booking necessary. Email: CommunityEngagement@bpha.org.uk
Memory Café	21 st May 10am – 1pm	Visit: www.trumpington.church Email: admin@trumpington.church
Vedanta Wellness Yoga	7:30pm – 8:45pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Thursdays		
Singing Mamas	Starting 8 th May 10:30am-12noon	Email: singingmamaswithsally@outlook.com Visit: www.singingmamas.org
HealthyYou – FAME Falls Prevention service	1pm – 4pm	Visit: https://healthyyou.org.uk Phone: 0333 005 0093
Romsey Mill Youth Club School Years 6-8 School Years 9-11	4:30pm – 6pm 6:30pm – 8pm	Phone Laura Kahlbaum: 07851310258
Fridays		
Fairbite Food Club Trumpington	11:30am – 1:30pm	Social Supermarket open 12pm-1:30pm with a free café available from 11:30am. Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Balkan Dance for Fitness	7pm – 8pm	Visit: www.balkandance.fitness Email: info@balkandance.fitness
Saturdays		
Silat PSHT Martial Arts	6pm – 8pm	Email: pshtcabangengland@gmail.com Phone: 07311898299 / 07877266395
Sundays		
Silat PSHT Martial Arts	6pm – 8pm	Email: pshtcabangengland@gmail.com Phone: 07311898299 / 07877266395