





You can now RECYCLE all of these items from your BATHROOM

Top tips:

- Put a bag or a bin in your bathroom just for recycling
- Remember to recycle baby products and men's toiletries too
- Remember to remove and put trigger spray and pump dispenser tops in your blue bin
- Toothpaste boxes can be recycled but not the tubes

good to know

Plastic bottles can be recycled into footy shirts, fleeces and new plastic bottles!



You can now RECYCLE all of these items from your KITCHEN

Top tips:

- Squash cans and bottles and flatten boxes to save space in your blue bin
- Rinse your plastic bottles, food containers, trays and cartons in your old washing-up water
- Recycle your plastic bags, film and food wrappers in your blue bin too
- You can recycle glass jars as well



Recycling 1 drinks can could save enough energy to power a TV for 4 hours



You can now RECYCLE all of these items from your LOUNGE

Top tips:

- Recycle all the newspapers and envelopes from your living room in your blue bin
- Cardboard packing from your online orders can also be recycled
- You can recycle other items such as electricals or textiles using the public recycling points across the city or recycling centres at Thriplow and Milton
- Please make sure all your recycling is in the blue bin with the lid closed



No thanks

We don't currently collect these things for recycling in the blue bin:

- Crisp packets or food pouches
- Expanded polystyrene packaging
- ★ Hard plastic e.g. mops, buckets, toys
- X Furniture or wood
- X Food



If you want to find out what happens to your recycling visit **www.recyclenow.com**

Your recycling is really making a difference — thanks!

If you are unsure about any items or want to check a collection day visit **www.cambridge.gov.uk/bins** or call **01223 45 82 82**

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