

RUN



Coldham's Common

2km Running & Walking Route



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About the route

- **Walk, jog or run**
- **2km around the common**
- **Terrain:** mixed terrain made up of variable path surfaces from grass, concrete and woodland. Flat surface. Paths will become muddy in wet weather.
- **Lighting:** the route is not very well lit so we advise users to go around the route in daylight
- **Buggy accessible:** Not suitable for wheelchair users or pushchairs due to bridge crossing with stairs.
- **Address:** Abbey Pool, Pool Way, Whitehill Road, Cambridge
- **Postcode:** CB5 8NT
- **Amenities on site:** Free parking, cycle racks, sports centre (swimming pool/ gym/ studio), children's park, splashpad, toilets in the sports centre, BMX park, grass sport pitches.
- **Markers:** look out for the Run England 321 markers along the route to guide the way.
- **Beware cattle on site.**



Key route points (see map)

- 1 **Start & finish point** is at the end of the concrete bridge from the car park.
- 2 Follow the footpath down towards the astro turf and MUGA, and continue on this path past the children's play park and along the side of the stream.
- 3 Turn left at this point and continue to follow the foot and cycle path down the middle of the parks.
- 4 Continue forward through the metal gates and under the bridge, then heading towards the main road.
- 5 Just before the gate leading out onto the main road turn left across the grass park and head towards the metal bridge.
- 6 Pass the 1k marker and climb the stairs to cross the bridge, which will lead you to the football playing fields. Turn right at the other side of the bridge to follow the outside edge of the park, heading towards the back of the playing fields.
- 7 At this point, don't go through the gate but bear left and continue to follow the outside edge of the playing field heading back down towards the start/finish point and car park. This will be 2km at the finish marker. For 3km, turn left at the finish marker and loop back around the playing fields on the same route or repeat the whole route for 4km.



Further information:
www.cambridge.gov.uk/run
Email: sport@cambridge.gov.uk
Phone: 01223 457532

For further information visit: www.cambridge.gov.uk/run