

Family & Carers Support

There is an abundance of information, advice and assistance available to older people, families and carers. We have put together some links to articles and other websites which might be useful.

As a carer where can I get support from?

<https://www.counselandcare.org.uk>

www.carersuk.org

www.carerstrustcambridgeshire.org

<http://www.carerstrustcambridgeshire.org/wp-content/uploads/2012/04/Family-Carers-Prescription-Leaflet-v2.0-24.09.13.pdf>

What services are there to support me in caring for my relative at home?

Independent living service-65+ /Community Alarm-support-link to page

Finding help at home

Paying for care and support at home

Staying in your own home

Meals on Wheels

Am I/is my relative entitled to attendance allowance?

Independent living service 65+

Direct Gov, Counsel and Care

Carers drop in service

These sessions are happening across the county and provide people with an opportunity to pop along and talk to a member of their Adult Social care team about difficulties you may be experiencing.

<https://www.carerstrustcambridgeshire.org/who-is-a-carer>

Dementia Carers' Support Service

Providing support for carers of people with dementia

www.cpft.nhs.uk/services/dementia-carers-support-service.htm

Other useful services

www.citizensadvice.org.uk

www.ageuk.org.uk

www.dementiauk.org

www.alzheimers.org.uk

care-network.org.uk

home-from-hospital-care.org.uk

When mental illness first affects you or your family, it can be hard to know who or where to turn to. CARERS SUPPORT GROUPS can give people clear, relevant information on everything from treatment and care to benefits and financial advice.

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