Family & Carers Support

There is an abundance of information, advice and assistance available to older people, families and carers. We have put together some links to articles and other websites which might be useful.

As a carer where can I get support from?
https://www.counselandcare.org.uk
www.carersuk.org
www.carerstrustcambridgeshire.org

What services are there to support me in caring for my relative at home?
Independent living service-65+ /Community Alarm-support-link to page Finding help at home
Paying for care and support at home
Staying in your own home
Meals on Wheels

Am I/is my relative entitled to attendance allowance?
Independent living service 65+
Direct Gov, Counsel and Care

Carers drop in service
These sessions are happening across the county and provide people with an opportunity to pop along and talk to a member of their Adult Social care team about difficulties you may be experiencing.
https://www.carerstrustcambridgeshire.org/who-is-a-carer

Dementia Carers' Support Service
Providing support for carers of people with dementia
www.cpft.nhs.uk/services/dementia-carers-support-service.htm
Other useful services
www.citizensadvice.org.uk
www.ageuk.org.uk
www.dementiauk.org
www.alzheimers.org.uk
care-network.org.uk
home-from-hospital-care.org.uk

When mental illness first affects you or your family, it can be hard to know who or where to turn to. CARERS SUPPORT GROUPS can give people clear, relevant information on everything from treatment and care to benefits and financial advice.
cambridgecarersgroup@rethink.org