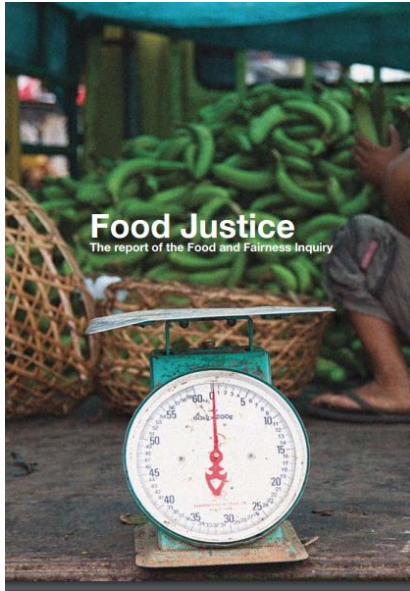


Beth Bell - Food Ethics Council
 @UKfoodcitizens

Food Ethics Council research and reports



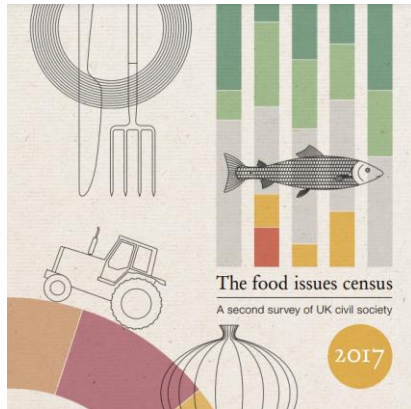
2010



2014



2018



2017



2020

In April, **7.3 million adults** live in households that said they had gone without food or could not physically get it in the past month, which include **2.6 million children**. This is **up 57%** compared to January





How thinking of ourselves **differently** can change the future of our food system

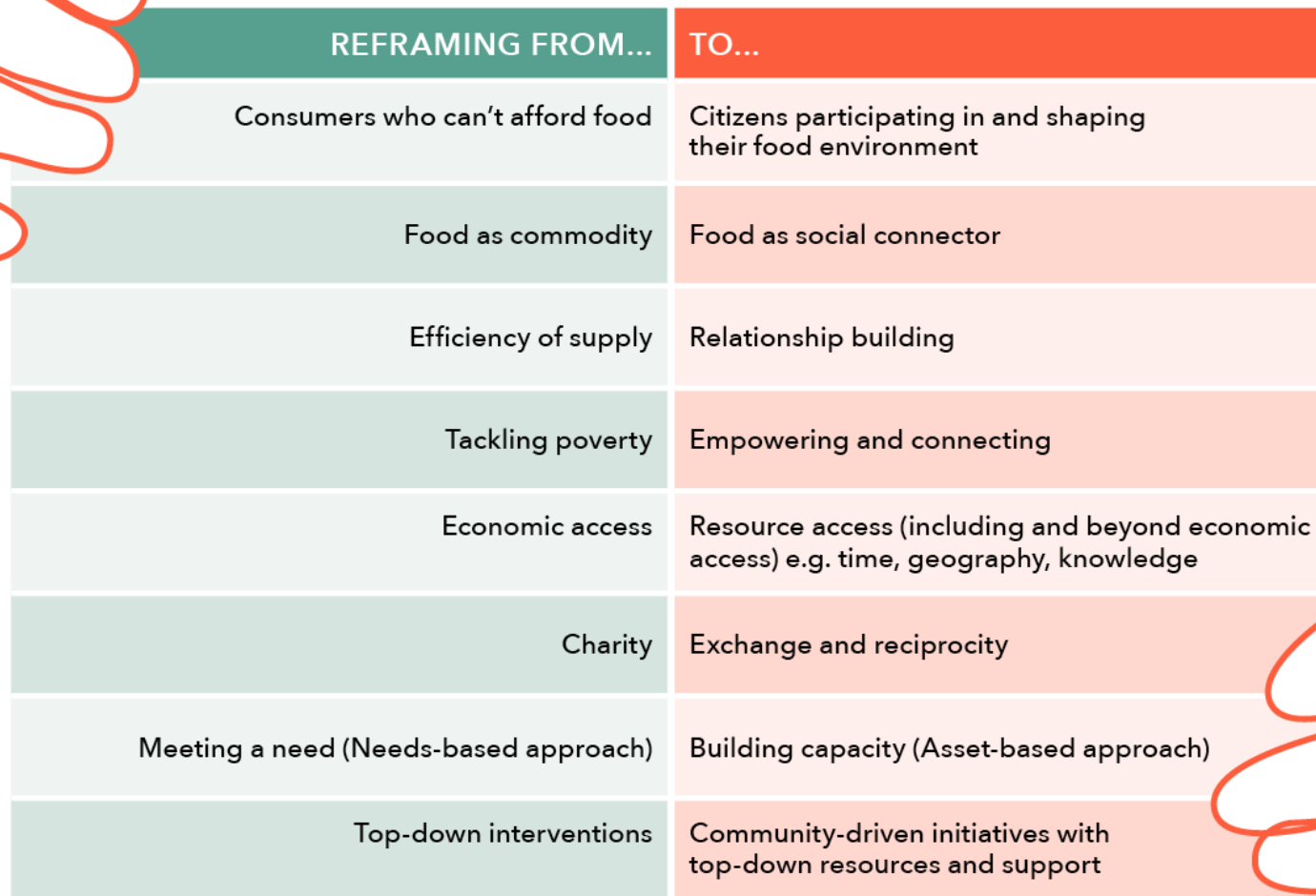




Building community food resilience



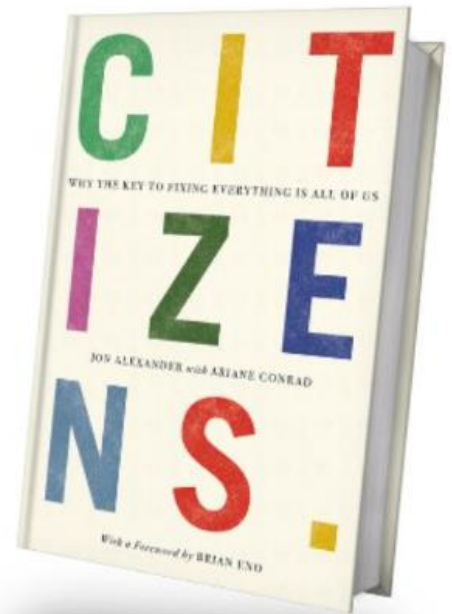
The shifts we need



REFRAMING FROM...	TO...
Consumers who can't afford food	Citizens participating in and shaping their food environment
Food as commodity	Food as social connector
Efficiency of supply	Relationship building
Tackling poverty	Empowering and connecting
Economic access	Resource access (including and beyond economic access) e.g. time, geography, knowledge
Charity	Exchange and reciprocity
Meeting a need (Needs-based approach)	Building capacity (Asset-based approach)
Top-down interventions	Community-driven initiatives with top-down resources and support

“What would *you* do in this time, if you truly believed in yourself and those around you?”

Citizens: Why the key to fixing everything is all of us
- Jon Alexander





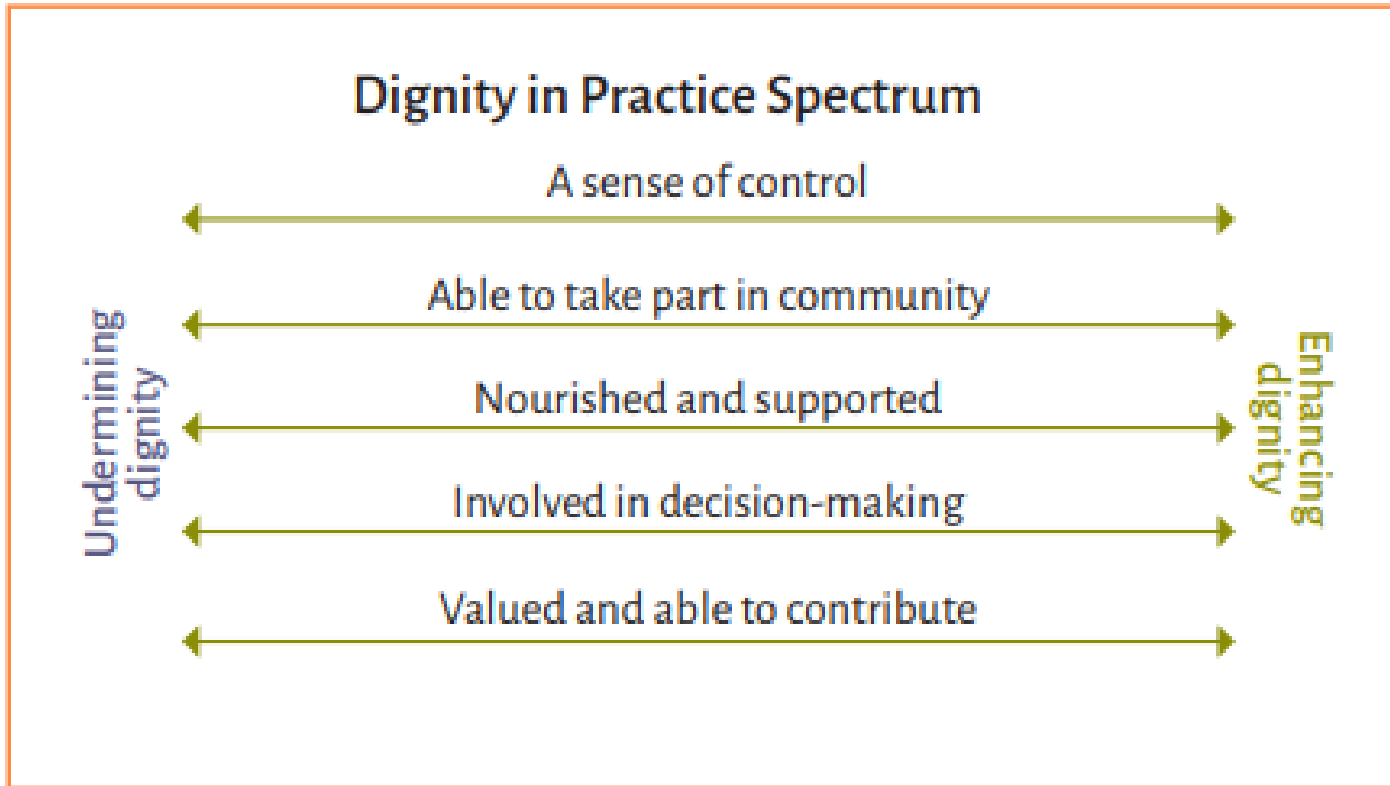
FOOD CITIZENSHIP

Creating a food citizen world

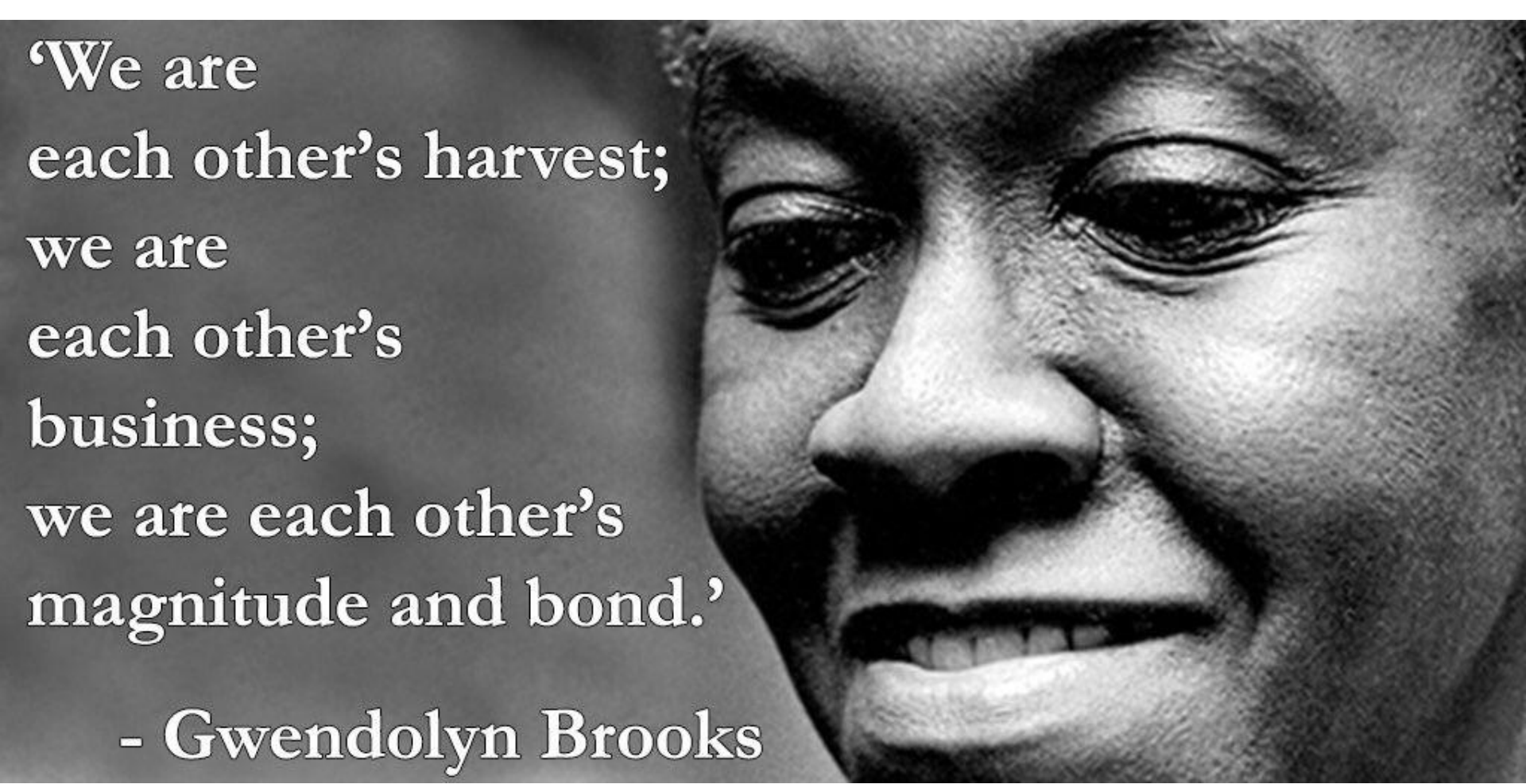
A MANIFESTO

- **People**
- **Food**
- **Inclusivity**
- **Relationships**
- **Collective action**
- **Creativity**

Dignity in Practice: Nourish Scotland



Taken from Nourish Scotland's Dignity in Practice resources



'We are
each other's harvest;
we are
each other's
business;
we are each other's
magnitude and bond.'

- Gwendolyn Brooks

Share your own examples of citizen power and ways to build community food resilience by email: beth@foodethicscouncil.org or on twitter: [@Ukfoodcitizens](https://twitter.com/Ukfoodcitizens)

Thank you!