Your handy update to RECYCLING around the HOME
You can now **RECYCLE** all of these items from your **BATHROOM**

**Top tips:**
- Put a **bag** or a **bin** in your bathroom **just for recycling**
- Remember to recycle **baby products** and **men’s toiletries** too
- Remember to remove and put **trigger spray** and **pump dispenser tops** in your blue bin
- **Toothpaste boxes** can be recycled but not the tubes

Plastic bottles can be recycled into footy shirts, fleeces and new plastic bottles!
You can now RECYCLE all of these items from your KITCHEN

Top tips:

• Squash cans and bottles and flatten boxes to save space in your blue bin
• Rinse your plastic bottles, food containers, trays and cartons in your old washing-up water
• Recycle your plastic bags, film and food wrappers in your blue bin too
• You can recycle glass jars as well

Recycling 1 drinks can could save enough energy to power a TV for 4 hours.
You can now RECYCLE all of these items from your LOUNGE

Top tips:

• Recycle all the newspapers and envelopes from your living room in your blue bin

• Cardboard packing from your online orders can also be recycled

• You can recycle other items such as electricals or textiles using the public recycling points across the city or recycling centres at Thriplow and Milton

• Please make sure all your recycling is in the blue bin with the lid closed

No thanks

We don’t currently collect these things for recycling in the blue bin:

- Crisp packets or food pouches
- Expanded polystyrene packaging
- Hard plastic e.g. mops, buckets, toys
- Furniture or wood
- Food
You can now RECYCLE all of these items from your BEDROOM

If you want to find out what happens to your recycling visit www.recyclenow.com

Your recycling is really making a difference – thanks!

If you are unsure about any items or want to check a collection day visit www.cambridge.gov.uk/bins or call 01223 45 82 82

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